Read each of the following statements and rank them in terms of their usefulness to you as learning approaches. Base your ratings on your personal experiences and preferences, using the following scale:

1 = Not at all useful

2 = Not very useful

3 = Neural

4 = Somewhat useful

5 = Very useful

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| --- | --- | --- | --- | --- | --- |
|  | 1 | 2 | 3 | 4 | 5 |
| 1. Studying alone. |  |  |  |  |  |
| 2. Studying pictures and diagrams to understand complex ideas. |  |  |  |  |  |
| 3. Listening to class lectures. |  |  |  |  |  |
| 4. Performing a process myself rather than reading or hearing about it. |  |  |  |  |  |
| 5. Learning a complex procedure by reading written directions. |  |  |  |  |  |
| 6. Watching and listening to film, computer, or video presentations. |  |  |  |  |  |
| 7. Listening to a book or lecture on tape. |  |  |  |  |  |
| 8. Doing lab work. |  |  |  |  |  |
| 9. Studying teachers’ handouts and lecture notes. |  |  |  |  |  |
| 10. Studying in a quiet room |  |  |  |  |  |
| 11. Taking part in group discussions. |  |  |  |  |  |
| 12. Taking part in hands-on classroom demonstrations. |  |  |  |  |  |
| 13. Taking notes and studying them later. |  |  |  |  |  |
| 14. Creating flash cards and using them as a study and review tool. |  |  |  |  |  |
| 15. Memorizing and recalling how words are spelled by spelling them “out loud” in my head. |  |  |  |  |  |
| 16. Writing down key facts and important points as a tool for remembering them. |  |  |  |  |  |